

LAVINA SENIOR CENTER

MONTHLY MENU

OCTOBER 2026

OCTOBER 7

PORK ROAST AND GRAVY
SCALLOPED POTATOES
SPINACH STRAWBERRY SALAD
APPLESAUCE
GARLIC KNOTS
BROWNIE CHEESECAKE CUPS

OCTOBER 14

MEATLOAF
CHEESY POTATOES
GREEN BEANS
PEACHES AND CREAM
MUFFINS
APPLE BLONDIES

OCTOBER 21 - BIRTHDAY DINNER

FRIED CHICKEN
MASHED POTATOES AND GRAVY
COTTAGE CHEESE AND MIXED FRUIT
MIXED VEGETABLES
ROLLS
LEMON CAKE AND ICE CREAM

OCTOBER 29

CHILLI
CINNAMON ROLLS
RELISH TRAY
MANDARIN ORANGES
BLUEBERRY ANGEL DESSERT



OCTOBER 12

COLUMBUS DAY

OCTOBER 31

HALLOWEEN

